Fulton County 4-H Camp is held at 4-H Camp Palmer, located in Fulton County, near Fayette. The camp’s 146 acres are adjacent to Harrison Lake State Park. 4-H Camp Palmer is privately owned by 4-H members in 11 counties of NW Ohio and has a proud heritage and tradition of wholesome, educational and recreational activities. Campers live in cabins near the central area of camp. Each camper has his/her own bunk and area for personal belongings. Each cabin has well-trained camp counselors. Friends may stay in the same cabin. We assign youth to cabins in an effort to make it fair to all. On the registration form you may list ONE friend you would like to be with in a cabin. We will try to honor your request, but this is not a guarantee.

Three family style meals a day are served in the dining hall. An evening snack is a tradition at camp, with special treats such as milkshakes.

Adult summer staff members provide special leadership in nature, hiking, indoor and outdoor recreation, athletics, and dance. Swim and canoe programs are under the supervision of qualified lifeguards. Fulton County Extension staff and trained 4-H teen counselors plan and conduct camping programs for 4-H Camp. A registered nurse is on duty during camp with nearby medical facilities available. 4-H Camp is patrolled by “night walkers” during the night. Parents can volunteer to be a night walker. See the registration form for more information on this.

MAJOR SESSIONS, lasting for forty five minutes are held each morning and afternoon. Campers will do most of the following five major sessions during their five days at camp.

- **Nature Adventures** - Included are animals, wildlife and nature identification, games, and activities. Other possible sessions include creek peek, hiking, and fishing. Campers may visit 4-H Camp Palmer's wetlands, restored prairie, Chestnut grove, and Harrison Lake State Park.

- **Make It Your Own** - Included will be life skills learned through making crafts with the assistance of an expert.

- **Indoor Recreation** - Recreational dance, games, dramatics, and other activities are offered.

- **Water Activities** - Campers are offered canoe lessons, water polo, fishing, water sliding, and other water sports. Swimming in the Olympic sized pool will be offered at least daily.

- **Outdoor Recreation** - Activities such as softball, kickball, sand volleyball, tennis, basketball, miniature golf and archery are offered. Camp specific games include: miniature golf, mat ball, capture the flag, Gaga ball, human foosball and more!

**SHOOTING SPORTS** - Must be 10 years old as of January 1 current year. Two disciplines will be offered in four sessions: Long Rifles (two sessions) and Shot Guns (two sessions). Shooting sports enhances the development of self-concept, character, and personal growth through safety, education, and socially acceptable involvement in shooting activities. The cost for one shooting sports session is $20. Participation is limited to 24 campers in each discipline (12 campers per session) on a first come, first serve basis. If you want to participate you must pre-register on your camp registration form and pre-pay the session fee of $20 per session with your camp fee.
**CHALLENGE BY CHOICE HIGH ROPE COURSE** - This exciting, outdoor, adventure course is perhaps one of the most effective methods in helping campers increase self-confidence, develop leadership skills, discover the power of group cooperation, and learn how to view obstacles as opportunities for growth. The course consists of an on-the-ground low-balance, trust, and initiative problem solving course and a 20 foot high ropes course.

The high ropes course is a series of aerial log, rope, and cable obstacles 20 feet off the ground. Campers participating on the high elements are at all times "on belay," a safety tie-in system utilizing ropes and cables. Under the supervision of properly trained instructors, this system provides a safe and challenging experience for the camper. The cost for the high ropes course is $20. Participation is limited to 42 campers on a first come, first serve basis. If you want to participate in the High Ropes Course you must pre-register on your camp registration form and pre-pay the $20 with your camp fee. Because of the design of the high ropes course, campers must be at least 10 years old as of January 1, current year.

The zip-line, climbing wall, and flying squirrel are offered as choice sessions during camp. These activities give youth a taste of the safety requirements and adrenaline rush of the high ropes course. You do not have to pre-pay or pre-register for the zip-line, climbing wall, or flying squirrel.

<table>
<thead>
<tr>
<th>TYPICAL DAILY SCHEDULE</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m. Wake Up</td>
</tr>
<tr>
<td>8:00 a.m. BREAKFAST</td>
</tr>
<tr>
<td>8:45 a.m. Cabin Clean Up</td>
</tr>
<tr>
<td>9:00 a.m. Clan Time</td>
</tr>
<tr>
<td>9:30 a.m. Major Sessions</td>
</tr>
<tr>
<td>12:00 p.m. LUNCH</td>
</tr>
<tr>
<td>1:00 p.m. Horizontal Time</td>
</tr>
<tr>
<td>1:30 p.m. Major Sessions</td>
</tr>
</tbody>
</table>

**CAMP FACTS AT A GLANCE**

**CAMP DATES:** Monday, June 10 – Friday, June 14
(Check in: 4:00 - 5:00 p.m., check out: 10:00 – 11:00 a.m.)

**CAMP FEE:** $180 per camper for 4-H Members $200 per camper for non 4-H members

**REGISTRATION DATES:** 4-H member registrations will be accepted after May 1. After May 15, non 4-H members may also register. All registrations are on a first come, first serve basis. The deadline to register for camp is May 31 or until camp is full. Register as soon as possible, camp usually fills up by the week or two before camp!

**WHO MAY ATTEND:** Any youth age 8 and to age 13 (as of January 1 of current year)

**4-H CAMPERSHIPS (FULTON COUNTY 4-H MEMBERS ONLY):** If 4-H family finances prevent the possibility of attending camp, families may apply for Camperships (or camp scholarships), by April 20. These may be dropped into the “night deposit” slot to the left of front door. Campership applications can be found online at https://fulton.osu.edu/program-areas/4-h-youth-development/fulton-county-4-h-camp and must be submitted to the Fulton County OSU Extension Office. Youth will be notified of the decision to award and the amount of the campership before the May 1st 4-H member registration opening date.

**ARRIVAL/DEPARTURE POLICY:** Camp Palmer has a closed door policy. Late arrivals or early departures must be pre-arranged with the 4-H Educator before camp begins. Leaving and returning to camp during the week is not permitted. We want to offer the safest possible camping experience. **IF YOU HAVE QUESTIONS:** Call the Fulton County 4-H Office at 419-337-9210.

**CRAFTS at 4-H Camp** - no need to pre-pay for crafts – please bring money to camp for potential optional crafts. $10 should be sufficient in $1 bills. Bring a white shirt if interested in tie-dye.
4-H CAMP REGISTRATION FORM

REGISTRATION DATES: 4-H member registrations will be accepted after May 1. After May 15, non 4-H members may also register. All registrations are on a first come, first serve basis. The deadline to register for camp is May 31 or until camp is full. Register as soon as possible, camp usually fills up by the week or two before camp!

RETURN THIS FORM TO: OSU Extension-Fulton County, 8770 St. Rt. 108, Suite A, Wauseon, Ohio 43567. MAKE CHECK PAYABLE TO: OSU Extension. Registrations cannot be accepted without full payment.

Name of camper___________________________________________________________________________________
Address__________________________________________________________________________________________
City_________________________________State_________Zip________________ School Attended_______________
Day phone #______________________Evening phone # ______________________Cell #________________________
E-mail address ____________________________________________________________________________________
Age (as of 1/1/19) ______________ Birth Date______________ Grade in School_________ (as of 1/1/19)
Please circle:   Are you a Fulton County 4-H’er?  YES     NO       Please circle:  Gender of camper?  BOY or GIRL
Please circle: Race/Ethnicity? White Black Hispanic    Asian Am.    Indian/Alaskan Hawaiian/Pacific Islander
Please circle: Residence? Farm Rural/Town (less than 10,000) Town (10,000-50,000) City (more than 50,000)
My child, ____________________________________________, has my permission to attend this 4-H event and participate in the program and activities. Print Parent Name______________________________

Parent signature ____________________________________________
I would like to be in a cabin with_______________________________________________. (Please list only one friend.)

HIGH ROPES COURSE – Pay your $20 along with your camp registration money. You cannot register for this at camp. _____YES, I am enclosing $20 to participate on the High Ropes Course. Each session is three hours and is limited to 14 campers. **Youth must be 10 years old** as of January 1 current year.

SHOOTING SPORTS PROGRAM – Pay your session(s) fee(s) along with your camp registration money. You cannot register at camp.  ____YES, I am enclosing $20 or $40 to participate in the 4-H Shooting Sports Program (rifle and/or shotgun) at camp. Each session is two hours and is limited to 12 campers. Parent must also sign and complete an Ohio 4-H Shooting Sports Liability Release Form prior to camp. Safety is taught first before practice. **Youth must be 10 years old** as of January 1 current year.

_____ I want to register in Rifle Class  _____ I want to register in Shotgun Class

NIGHT WALKERS – Any parent or volunteer can be a night walker. If you would like to be a night walker, please check below.
Night walkers arrive at 10:30 pm and depart around 2:00 am. For more information on this opportunity, call the Extension Office, 419-337-9210. _______YES, I would like to be a night walker.

A letter will be sent, given to you upon receipt of your registration, so please supply us with your complete address. It will include information on what to bring, a health history form, a camp rules agreement and other necessary forms. _______My child takes prescribed medication. Please include a Medication Dispensing Request Form.

PARENTS, PLEASE USE THIS COST CALCULATION TABLE

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Number of 4-H members attending camp</td>
<td>X $180</td>
</tr>
<tr>
<td>2) Number of Non 4-H members attending camp</td>
<td>X $200</td>
</tr>
<tr>
<td>3) Add number of children on high ropes course</td>
<td>X $20</td>
</tr>
<tr>
<td>4) Add total number of Shooting Sports sessions</td>
<td>X $20</td>
</tr>
<tr>
<td>5) Subtract pre-approved scholarship amt. (4-H members only)</td>
<td>-</td>
</tr>
</tbody>
</table>

Total amount due

MAKE CHECKS PAYABLE TO: OSU EXTENSION  

TO BE FILLED IN BY EXTENSION OFFICE  

Sent registration letter and forms ____________________ Amount paid: $____________ Date Paid __________
Picked up registration letter and forms _____________ Scholarship amount (4-H members only) $____________
Cabin #__________________________ Check #___________ or Cash _____
Information entered into computer ____________________